



Ponuda Spa Tretmana Spa Treatment Menu

Tretmani Lica

SHINE TRETMAN LICA*

80 MINUTA | 750 HRK

Uz pomoć kisika uspostavite obrambene i regenerativne funkcije kože. Razmazite se raskošnom masažom lica, ruku i stopala, s toplim i hladnim ručnicima. Rezultat? Lice je hidratizirano i zrači.

ELEMIS BIOTEC TRETMANI LICA

50 MINUTA | 775 HRK

80 MINUTA | 1.100 HRK

MICRO FIRM-A-LIFT - Izvanredna kombinacija masaže i galvanske stimulacije kako bi se poboljšala zategnutost kože i prirodno podigle konture lica.

SONIC SKIN-RESURFACING - U ovom revolucionarnom tretmanu koristimo ultrazvučnu špatulu, masažu te terapiju svjetlom.

RADIANCE RENEW - Tretman koji potiče izmjenu stanica za blistavu, vidno sjajniju kožu.

BLEMISH CONTROL - Tretman koji dubinski čisti nakon kojeg je problematična koža čista i umirena.

OXYGEN SENSITIVE SKIN SOOTHER - Infuzija kisikom i terapija crvenim svjetlom potiče sposobnost kože da se sama popravi.

TRETMANI LICA [comfort zone]

50 MINUTA | 550 HRK

ACTIVE PURENESS - Izvršna terapija za balansiranje prirodnog pH i kontrolu lučenja žlijezda lojnica.

HYDRAMEMORY - Napredna terapija koja koristi najmoderniju tehnologiju kako bi omogućila potpunu hidrataciju kože koja je dehidrirana.

PURE & DELICATE - Savršen tretman i za najdelikatniju kožu.

MEN'S FACIAL - Posebno dizajnirana terapija koja udovoljava potrebama muške kože.

RECOVER TOUCH - Hranjivi tretman bogat vitaminima i antioksidansima.

SUBLIME TRETMAN LICA

50 MINUTA | 660 HRK

80 MINUTA | 750 HRK

Dostupan u dvije verzije, s formulacijama različitog intenziteta, pogodan tretman za sva stanja kože s borama i vidljivim gubitkom tonusa i elastičnosti.

TERAPIJA ZA PODRUČJE OKO OČIJU

20 MINUTA | 240 HRK

Hidratizirajući tretman oko očiju kao dodatak bilo kojem tretmanu iz naše ponude.

Tretmani Tijela

SHINE TRETMAN TIJELA*

80 MINUTA | 700 HRK

Dok aroma eteričnih ulja transportira vaše tijelo u stanje potpunog blaženstva, vaša koža koža je ispolirana do blistavosti sa pilingom. Tada vas zamatamo u hranjivi eliksir koji njeguje vašu kožu uz masažu kamenjem energizirajućih svojstava. Zablistajte iznutra i izvana uz ovaj revitalizirajući tretman koji usporava starenje.

BODY REMODELLING / TONING [comfort zone]

80 MINUTA | 660 HRK

Kompletan program specifičnih tretmana namjenjenih tretiranju nepravilnosti različitih tipova celulita (edematoznog i adipoznog).

BODY ACTIVE [comfort zone]

50 MINUTA | 490 HRK

Tretman za detoksikaciju i poboljšanje tonusa gdje kroz neinvazivni postupak koristimo drvene instrumente anatomske dizajnirane za poboljšanje izgleda i proporcija bez ozljede tkiva.

TENS TERAPIJA ZA OLAKŠAVANJE BOLI

20 MINUTA | 220 HRK

40 MINUTA | 310 HRK

Uključuje korištenje nisko voltažne struje u svrhu redukcije bolnih stanja.

ELEMIS SEA SALT GLOW

50 MINUTA | 480 HRK

Egzotični eksfolirajući ritual koji donosi okrepu i vitalnost vašem tijelu.

ELEMIS RITUAL ZA KOSU I VLASIŠTE

50 MINUTA | 480 HRK

Masaža vlasišta toplim uljem koje pospješuju rast kose i njen sjaj.

*Tretman s potpisom brenda

Facial Treatments

SHINE FACIAL*

80 MINUTES | 750 HRK

Re-establish your skin's defensive and regenerative functions with oxygen. Luxuriate in a hand, foot and facial massage with warm and cool towels. The result? A face that feels hydrated and simply radiant.

ELEMIS BIOTEC FACIAL TREATMENTS

50 MINUTES | 775 HRK

80 MINUTES | 1.100 HRK

MICRO FIRM-A-LIFT - Ground-breaking blend of massage and sculpting galvanic technology for a contoured complexion that is remarkably lifted.

SONIC SKIN-RESURFACING - Using an ultrasonic peel, massage and light therapy results as the smoothest skin imaginable.

RADIANCE RENEW - This cellular-boosting treatment targets sluggish complexions for radiant, visibly brighter skin.

BLEMISH CONTROL - This thorough and deep cleansing facial is leaving your skin decongested and soothed.

OXYGEN SENSITIVE SKIN SOOTHER - Oxygen infusion and red light therapy improves the skin's ability to repair itself.

FACIALS [comfort zone]

50 MINUTES | 550 HRK

ACTIVE PURENESS - An excellent treatment to balance the skin's pH and reduce oil secretion.

HYDRAMEMORY - Advanced therapy using latest technology to provide total hydration to dehydrated skin.

PURE & DELICATE - Perfect for the most delicate of skins.

MEN'S FACIAL - Specifically designed treatment to cater men's skin.

RECOVER TOUCH - Vitamin-rich, anti-oxidant and nourishing treatment.

SUBLIME FACIAL TREATMENT

50 MINUTES | 660 HRK

80 MINUTES | 750 HRK

Available in two durations, with formulations of different intensity, this treatment addresses mature skin, smoothing the texture while restoring tone and lift.

INTENSIVE EYE THERAPY

20 MINUTES | 240 HRK

This firming and hydrating treatment can be added on to any of our facials.

Body Treatments

SHINE BODY*

80 MINUTES | 700 HRK

Let the aroma of essential oils transport your body to a relaxed state as your skin is polished to a glow. You're then wrapped in a nourishing elixir to enrich the skin with vibrancy as special energy stones—believed to transmit positive energy—massage your body. emerge shining from the insideout; a truly revitalizing, anti-aging treatment.

BODY REMODELLING / TONING [comfort zone]

80 MINUTES | 660 HRK

A complete program of specific treatments for the imperfections of the different types of cellulite (oedematous and adipose).

BODY ACTIVE [comfort zone]

50 MINUTES | 490 HRK

A detoxifying and toning treatment uses special wooden rollers anatomically designed to improve the body's size, proportions and facilitate lymphatic drainage.

TENS PAIN RELIEF THERAPY

20 MINUTES | 220 HRK

40 MINUTES | 310 HRK

This low - voltage electric current therapy treats pain and reduces tissue inflammation. Add on to any massage or order as stand-alone therapy.

ELEMIS SEA SALT GLOW

50 MINUTES | 480 HRK

An exotic exfoliation ritual to invigorate and bring vitality to your body.

ELEMIS CONDITIONING HAIR AND SCALP RITUAL

50 MINUTES | 480 HRK

A scalp massage with warm blended oil that enhances hair growth and shine.

Masažna Terapija

SHINE MASAŽA*

50 MINUTA | 550 HRK

80 MINUTA | 750 HRK

Provedite neko vrijeme uz treperenje svijeće.

Ublažite napetost dok se svijeća topi u mirisno masažno ulje te se lagano nanosi na vaše tijelo.

Obavijeni u suptilan miris, doživjet ćete potpunu psihičku i fizičku relaksaciju.

AROMATERAPIJSKA HOLISTIČNA MASAŽA

50 MINUTA | 480 HRK

80 MINUTA | 650 HRK

Švedska masaža prilagođena vašim individualnim potrebama.

SPORT FIT & STRETCH MASAŽA

80 MINUTA | 750 HRK

Tretman započinje pasivnim istezanjem nakon kojeg slijedi osnažujuća sportska masaža.

DEEP TISSUE MASAŽA

50 MINUTA | 590 HRK

80 MINUTA | 780 HRK

Koristeći čvrsti pritisak, u ovoj masaži pogodujemo otpuštanju kronične boli i napetosti.

MASAŽA VRUĆIM KAMENJEM

50 MINUTA | 550 HRK

80 MINUTA | 680 HRK

Zagrijano bazaltno kamenje i toplo ulje pomaže opustiti ukorijenjenu napetost u mišićima omogućujući potpunu relaksaciju.

MASAŽA KRISTALIMA SOLI

80 MINUTA | 680 HRK

Inovativna iscjeljujuća tehnika uz pomoć toplih kristala soli pospešuje preoblikovanje tijela.

PRO SLEEP MASAŽA

80 MINUTA | 650 HRK

Preporučuje se za sve koji se osjećaju pod stresom, ne mogu se opustiti i imaju problema sa spavanjem.

PRENATAL MASAŽA

50 MINUTA | 480 HRK

80 MINUTA | 650 HRK

Posebno dizajnirana masaža za udobnost i dobrobit buduće mame.

PARCIJALNA MASAŽA

20 MINUTA | 290 HRK

Ekspresna masaža idealna za opuštanje napetosti u mišićima te ublažavanje boli.

MASAŽA S MAGNEZIJEM

50 MINUTA | 550 HRK

Magnezij pospešuje oporavak tkiva, smanjuje bol i upalu te povećava fleksibilnost mišića, tetiva i ligamenata.

Spa Doživljaji

COUPLE'S GETAWAY

120 MINUTA | 2.100 HRK

(90 MIN. TRETMAN, 30 MIN. PRIVATNO VRIJEME)

Uživajte s partnerom i dopustite našim terapeutima da vas odvedu na jedinstveno putovanje svih čula. Započnite s osvježavajućim ritualom za vaša stopala uz biljni čaj nakon čega slijedi masaža od 80 minuta koju izaberete iz naše ponude masaža. Tretman završava opuštajućom masažom glave i vlasišta. Nakon tretmana počastite se u privatnosti zasebne sobe za opuštanje uz izbor crnog vina i čokolade; pjenušavog vina i svježeg voća ili svježe cijedenog soka i voćne plate.

TRANQUILITY RITUAL ZA LICE I TIJELO

[comfort zone]

80 MINUTA | 700 HRK

Obnavljajući kozmetički tretman. Aromaterapija u kombinaciji s ekskluzivnom masažom za osjećaj dubokog opuštanja. Nakon masaže cijelog tijela slijedi tretman za dubinsko čišćenje, piling, hidrataciju te obnovu i zaštitu kože lica proizvodima prilagođenim vašem specifičnom tipu kože.

ELEMIS SENZACIJA ZA LICE I TIJELO

80 MINUTA | 700 HRK

Doživite savršeni Elemis tretmanski duo. Senzacionalna masaža u kombinaciji sa propisanom njegovom lica za pomlađivanje.

Massage Therapies

SHINE MASSAGE*

50 MINUTES | 550 HRK

80 MINUTES | 750 HRK

Spend some time by candlelight. Alleviate tension as a candle melts into a fragranced massage oil and is lightly poured onto your body. Enveloped in a subtle fragrance, you'll experience complete physical and mental relaxation.

AROMATHERAPY HOLISTIC MASSAGE

50 MINUTES | 480 HRK

80 MINUTES | 650 HRK

Swedish massage customized according to your needs.

SPORT FIT & STRETCH MASSAGE

80 MINUTES | 750 HRK

Feel your best self again with this invigorating sports massage including passive stretching techniques.

DEEP TISSUE MASSAGE

50 MINUTES | 590 HRK

80 MINUTES | 780 HRK

An effective massage using firm pressure is personalized to dissolve aches and strains due to stress and knots in your muscles.

HOT STONE MASSAGE

50 MINUTES | 550 HRK

80 MINUTES | 680 HRK

Soothing heated stones coupled with warm massage oil help to ease deep-seated muscle tensions, inducing deep relaxation.

SALT STONE MASSAGE

80 MINUTES | 680 HRK

Innovative healing technique using warm saltcrystal stones to enhance remodelling effect.

PRO SLEEP MASSAGE

80 MINUTES | 650 HRK

Recommended for those who feel stressed, unable to relax and have problems sleeping well.

PRENATAL MASSAGE

50 MINUTES | 480 HRK

80 MINUTES | 650 HRK

Specially designed massage for the comfort and wellbeing of the future mom, featuring pure organic massage oil.

PARTIAL MASSAGE

20 MINUTES | 290 HRK

Express massage time to loosen muscular tension and alleviate aches and pain.

MAGNESIUM INFUSED MASSAGE

50 MINUTES | 550 HRK

Magnesium enhances tissue recovery, reduces pain and inflammation and increases muscle, tendon and ligament flexibility.

Spa Journeys

COUPLE'S GETAWAY

120 MINUTES | 2.100 HRK

(90 MIN. TREATMENT, 30 MIN. PRIVATE TIME)

Take your partner by the hand, and escape on a sensory spa journey together. We begin with relaxing tea and a welcoming foot bath ritual, followed by side-by-side 80 minute massages — each of you may select your favorite from our massage menu. We conclude with a mesmerizing head and scalp massage. Afterward, enjoy romantic refreshments in the privacy of our VIP relaxation lounge with your choice of red wine with chocolate, sparkling white wine with fruit, or fresh pressed juice with fruit salad.

TRANQUILITY FACE AND BODY RITUAL

[comfort zone]

80 MINUTES | 700 HRK

A nourishing full body treat! Aromatherapy combined with an exclusive massage technique leads you into profound relaxation. The full body massage is followed by an express facial to deeply cleanse, exfoliate, hydrate, repair, and protect your facial skin, with products customized for your specific skin type.

ELEMIS FACE AND BODY SENSATION

80 MINUTES | 700 HRK

Experience the perfect Elemis treatment duo.

A sensational massage combined with prescribed booster anti aging facial.

Ruke & Stopala

SHINE TRETMAN RUKU*

30 MINUTA | 200 HRK

Uživajte u opuštajućem i dubinski njegujućem tretmanu za suhe, ispucale i umorne ruke koje nakon tretmana izgledaju predivno te su neodoljive za dodir.

SHINE TRETMAN STOPALA*

30 MINUTA | 200 HRK

Transformirajte umorna, zanemarena stopala ovim umirujućim i obnavljajućim tretmanom. Koža vaših stopala biti će iznimno podatna, glatka i svježja.

SPA MANIKURA, FRANCUSKA MANIKURA

60 MINUTA | 300 HRK

70 MINUTA | 320 HRK

Ovaj tretman uključuje rašpanje noktiju i uklanjanje suviše kožice oko nokta. Lak za nokte ili poliranje nokta uključeno.

SPA PEDIKURA, FRANCUSKA PEDIKURA

60 MINUTA | 360 HRK

70 MINUTA | 390 HRK

Tretman započinje sa aromatičnom kupkom, slijedi rašpanje, uklanjanje suviše kožice oko nokta te uklanjanje tvrde kože stopala. Lak za nokte ili poliranje nokta uključeno.

MANIKURA TRAJNIM LAKOM, FRANCUSKA MANIKURA TRAJNIM LAKOM

70 MINUTA | 320 HRK

80 MINUTA | 350 HRK

PEDIKURA TRAJNIM LAKOM, FRANCUSKA PEDIKURA TRAJNIM LAKOM

70 MINUTA | 380 HRK

80 MINUTA | 400 HRK

Trajni lak ostaje netaknut najmanje nekoliko tjedana uz visoki sjaj i bez pucanja.

SKIDANJE TRAJNOG LAKA

20 MINUTA | 70 HRK

Osnovni Tretmani

DEPILACIJA

| | |
|--------------|---------------------|
| OBRVE | 20 MINUTA 90 HRK |
| BRADA | 15 MINUTA 60 HRK |
| NAUSNICA | 15 MINUTA 60 HRK |
| POTKOLJENICE | 30 MINUTA 120 HRK |
| PODLAKTICE | 15 MINUTA 90 HRK |
| CIJELE NOGE | 45 MINUTA 180 HRK |
| CIJELE RUKU | 30 MINUTA 120 HRK |
| PAZUH | 15 MINUTA 80 HRK |
| BIKINI | 30 MINUTA 140 HRK |
| BRAZILSKA | 45 MINUTA 220 HRK |
| PRSA | 30 MINUTA 180 HRK |
| LEĐA | 45 MINUTA 180 HRK |

BOJANJE

| | |
|-------------------|---------------------|
| BOJANJE OBRVA | 20 MINUTA 100 HRK |
| BOJANJE TREPAVICA | 20 MINUTA 100 HRK |

DEPILACIJA ŠEĆERNOM PASTOM

| | |
|-----------------|---------|
| ČELO | 70 HRK |
| ZALISCI | 70 HRK |
| OBRAZI | 70 HRK |
| NADUSNICA | 70 HRK |
| BRADA | 70 HRK |
| CIJELE RUKU | 150 HRK |
| PODLAKTICE | 100 HRK |
| CIJELE NOGE | 250 HRK |
| POTKOLJENICE | 150 HRK |
| CIJELA LEĐA | 300 HRK |
| POLA LEĐA | 200 HRK |
| TRBUH | 200 HRK |
| BIKINI | 170 HRK |
| HOLLYWOOD (SVE) | 250 HRK |
| BRAZILSKA | 250 HRK |
| PAZUH | 90 HRK |

Hands & Feet

SHINE HANDS*

30 MINUTES | 200 HRK

An indulgent yet deeply restorative treatment for dry, hardworking and out of condition hands, that leaves them looking and feeling irresistible to touch.

SHINE FEET*

30 MINUTES | 200 HRK

Transform tired, neglected feet with this soothing and rejuvenating treatment. Skin is left looking and feeling extremely supple, smooth and refreshed.

SPA MANICURE, FRENCH MANICURE

60 MINUTES | 300 HRK

70 MINUTES | 320 HRK

This treatment provides more youthful hands through nail filing, cuticle trimming and minimizing. Nail polish or shine buffing included.

SPA PEDICURE, FRENCH PEDICURE

60 MINUTES | 360 HRK

70 MINUTES | 390 HRK

The treatment begins with aromatic foot soak; includes filing, cuticle minimizing and callus removing to enhance the condition of your beautiful feet. Nail polish or shine buffing included.

NO CHIP MANICURE,

NO CHIP FRENCH MANICURE

70 MINUTES | 320 HRK

80 MINUTES | 350 HRK

NO CHIP PEDICURE,

NO CHIP FRENCH PEDICURE

70 MINUTES | 380 HRK

80 MINUTES | 400 HRK

Gel polish stays intact on the nail for at least a couple of weeks with high shine and no chipping.

TAKE IT OFF

20 MINUTES | 70 HRK

Essentials

WAXING HAIR REMOVAL

| | |
|-----------|---------------------|
| EYEBROWS | 20 MINUTA 90 HRK |
| JAW LINE | 15 MINUTA 60 HRK |
| UPPER LIP | 15 MINUTA 60 HRK |
| HALF LEG | 30 MINUTA 120 HRK |
| HALF ARM | 15 MINUTA 90 HRK |
| FULL LEG | 45 MINUTA 180 HRK |
| FULL ARM | 30 MINUTA 120 HRK |
| UNDER ARM | 15 MINUTA 80 HRK |
| BIKINI | 30 MINUTA 140 HRK |
| BRAZILIAN | 45 MINUTA 220 HRK |
| CHEST | 30 MINUTA 180 HRK |
| BACK | 45 MINUTA 180 HRK |

TINTING

| | |
|--------------|---------------------|
| EYEBROW TINT | 20 MINUTA 100 HRK |
| EYELASH TINT | 20 MINUTA 100 HRK |

SUGARNING HAIR REMOVAL

| | |
|----------------------|---------|
| FOREHEAD | 70 HRK |
| SIDEBURNS | 70 HRK |
| CHEEKS | 70 HRK |
| UPPER LIP | 70 HRK |
| JAW LINE | 70 HRK |
| FULL ARM | 150 HRK |
| HALF ARM | 100 HRK |
| FULL LEG | 250 HRK |
| HALF LEG | 150 HRK |
| FULL BACK | 300 HRK |
| HALF BACK | 200 HRK |
| STOMACH | 200 HRK |
| BIKINI | 170 HRK |
| HOLLYWOOD (ALL BARE) | 250 HRK |
| BRAZILIAN (STRIP) | 250 HRK |
| UNDER ARM | 90 HRK |

REZERVIRANJE TRETMANA

Nazovite +385 20 601 370 ili pošaljite e-mail na shine.spa@sheratondubrovnikriviera.com kako biste dogovorili rezervaciju. Ako boravite u našem hotelu jednostavno nazovite 1370 iz svoje sobe. Naše spa osoblje rado će vam dati preporuke.

OTKAZIVANJE TRETMANA

Otkazivanje ili promjenu termina potrebno je najaviti minimalno 6 sati prije istog, u suprotnom će biti naplaćena puna cijena usluge. U slučaju kašnjenja moguće je da ćemo morati skratiti vrijeme tretmana.

PONESITE SAMO POTREBNO

Preporučujemo da ostavite sve dragocjenosti i elektronske uređaje u vašoj sobi. Uprava i osoblje spa centra ne preuzimaju odgovornost za gubitak novca i vrijednosti. Koristite sef u sobi za pohranu dragocjenosti.

ŠTO OBUĆI?

Uobičajeno je nositi ogrtač koji ćete dobiti prije tretmana. Imat ćete priliku u privatnosti se svući i pokriti prije no što terapeut uđe u tretmansku sobu. Tijekom čitavog tretmana biti ćete pokriveni i ni u jednom trenutku vaša intima neće biti izložena.

MINIMALNA DOB

Osobe mlađe od 16 godina moraju biti u pratnji roditelja ili Staratelja za vrijeme trajanja usluge. Preporučujemo obiteljske rezervacije tretmana u našem dvokrevetnom apartmanu.

KAKO SE PONAŠATI

Shine Spa za Sheraton je utočište za opuštanje. Molimo poštujujte pravo svih spa gostiju da uživaju u privatnosti i spokoju. Mobilni telefon, tablet ili druge ručne uređaje sa kamerama nije dozvoljeno koristiti u našim prostorijama. Također, pušenje je zabranjeno u spa prostorima. Molimo Vas obavijestite naš tim, ukoliko imate bilo kakve zdravstvene tegobe ili prošle ozljede.

NAPOJNICE

Napojnice nisu uključene u cijenu tretmana. Ostavljajte ih po vlastitu nahođenju.

POKLON BONOVI

Poklonite ovo iskustvo svojim ljubljenima - obitelji ili prijateljima. Izaberite pojedinačni tretman u spa, pakete za mladenke ili unaprijed složene promocije.

SHERATON DUBROVNIK
RIVIERA HOTEL

Šetalište dr. F. Tuđmana 17,
Srebreno, 20207 Mlini,
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BOOKING TREATMENTS

Call +385 20 601 370 or email shine.spa@sheratondubrovnikriviera.com to arrange your reservations, or simply dial 1370 from your room phone if you are already staying with us. Our spa staff is happy to make recommendations.

CANCELLATION POLICY

We require 6 hours advance notice for treatment cancellation or change of time, or full charges will apply. Late arrival may require us to shorten the time of your treatment.

ONLY BRING WHAT YOU NEED

Please do not bring valuables or electronics to the spa. The spa cannot accept responsibility for items left in robe pockets or lockers. Use your room safe for valuables and jewelry.

TREATMENT ATTIRE

It is customary to wear just the bathrobe that we will provide prior to service. You will be given privacy to disrobe and cover yourself prior to our therapist entering to the room. Throughout the treatment, your body will be draped with comfortable linens and at no time you will be exposed.

MINIMUM AGE

Guests younger than 16 must be accompanied by a guardian for the duration of spa treatments; we recommend families book side by side treatments in our double suite.

SPA ETIQUETTE

Shine spa for Sheraton is a sanctuary of relaxation and tranquility. Please respect the right of all spa guests to enjoy privacy and serenity. Mobile phones, tablets or other devices with cameras are not permitted in the spa — please leave them in your guest room. Also, smoking is prohibited in the spa premises. Kindly inform our team, should you have any health conditions or past injuries.

GRATUITIES

Gratuities are not included in treatment price. They are at your discretion.

GIFT CERTIFICATES

Share the gift of experience with your beloved family or friends. Choose from individual treatments to spa, bridal packages or predetermined denominations.